





# ADDICTION

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|    | ADDICTION                              | 2007 |                  | 80 MIN | The feature length documentary film ADDICTION brings together the nation's leading experts on drug and alcohol addiction with a collection of award-winning filmmakers to shed light on addiction, its causes and the latest and most prominent developments in treatments. Its focus is on case studies and new medical treatments.   |
|     | ADDICTION AND THE HUMAN BRAIN          | 2006 | GRADES 7-COLLEGE | 28 MIN | Drug addiction is a disease of the brain, and teens are at highest risk for acquiring this disease. That is the startling conclusion recently arrived at by brain experts, based on the latest research findings. This program illustrates the amazingly complicated structure and function of the brain using colorful and compelling visuals and computer animations. It explains the changes to the brain caused by prolonged use of drugs such as cocaine, heroin, nicotine, alcohol and methamphetamine, and shows why voluntary drug use eventually becomes involuntary and compulsive. Studies indicate that drugs affect the developing brain more than the brain of someone more mature, thus putting teens at a higher risk of addiction.  |
|   | LIVING A LIE: THE ALCOHOLIC FAMILY     |      | GRADES 7-COLLEGE | 30 MIN | By following a group of real COA's (children of alcoholics) on an overnight retreat, Living a Lie identifies the typical roles that can emerge in an alcoholic family: the joker, the enabler, the invisible child, the overachiever, and the rebel. We hear firsthand how these roles often lead to dangerous behaviors like drug use and crime. This powerful program strives to help viewers appreciate that despite family difficulties, children from alcoholic families can still rely upon their own resiliency and inner strength. They need not view themselves as victims, but instead as individuals who can make a difference in their own lives. After hearing from trained therapists and social workers who specialize in working with COAs, your students will broaden their understanding of the problem of alcoholism and how it impacts the entire family unit. |
|  | THE KITTEN WHO DRANK AND USED TOO MUCH |      | YOUTH TO ADULT   | 12 MIN | Narrated by Julie Harris and winner of 24 major awards, this delightful tale deals with addiction in a positive, non-threatening way. Pat the Cat started innocently enough with a drink or two with meals, but progressed to sneaking drinks, being obsessed with drinking and experimenting with other substances. Finally, Pat the Cat couldn't take it anymore. Pat needed help and the help was there.  |



## MAKING SENSE OF ADDICTION

2004

YOUNG  
ADULT;  
ADULT

34  
MIN

What happens to you psychologically when you begin to use drugs, and how does that play into the progression of addiction? How does addiction relate to the biology of your brain? The psychological and biochemical elements of your brain combine together to make addiction the trap that it is. So, how can we free ourselves from it? First, we have got to understand the progression of addiction, and then we can learn how to tame the 'beasts' that bind us within our own minds. It is difficult to understand why an addict whose life is falling apart continues to use; this talk makes it perfectly clear. Dr. Keppler offers proactive ways to help heal an addicted brain, stressing abstinence and healthy life choices.